

90 Ways to Live a Creative Life

1. Create a new outfit from a visit to the thrift store.
2. Interpretative dance your dreams from last night.
3. Design a wine bottle label.
4. Play Charades.
5. Make up a new language with your best friend (pig Latin, anyone?).
6. Mix and match your clothes in your closet.
7. Use lipstick on your cheeks or experiment with makeup.
8. Create a new recipe using only what is in your fridge.
9. Design a temporary tattoo.
10. Paint a new design on your fingernails.
11. Move furniture around your house (#fengshui).
12. Start a wall mural in your home.
13. Buy a sticker book and sticker your grocery list.
14. Write and draw a handwritten card.
15. Create a vision board.
16. Make a seasonal mood board.
17. Go shopping in your jewelry box.
18. Draw with chalk on the sidewalk.
19. Buy a new houseplant.
20. Take photos of your day, even the most mundane things!
21. Write a poem.
22. Make up a new word.
23. Research a new class you could take that interests you.
24. Put together a community rec league for a random sport (pickleball, curling, croquet?).
25. Make a duct tape wallet.
26. Tie dye a shirt.
27. Skip down the sidewalk.
28. Cut out inspirational clippings from a magazine.
29. Finger paint.
30. Make a meal that is Instagram-worthy and then post it on your feed.
31. Press flower petals to save them.
32. Design your own font.
33. Write a letter to your younger self.
34. Try a new exercise class (barre, pole dancing, water aerobics...).
35. Take a dance class.
36. Write a note to your childhood pet or imaginary friend.
37. Create a proposal for the next world-changing research project.
38. Use Pinterest to discover your next hairdo.
39. Read a new blog about a subject you have been curious about.
40. Listen to a new podcast or record your own thoughts on your phone recording app.
41. Visit an art exhibit.
42. Go to a comedy show.
43. Repurpose a piece of old or antique furniture.
44. Explore a new trail, town, or place.
45. Carve your initials in a tree.

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46. Draw and design your dream home.
47. Write a story about your ancestors.
48. Clean out a closet or the junk drawer and see what you can repurpose.
49. Write down 5 new business ideas.
50. Create 5 newspaper-worthy headlines.
51. Go see a play (or write your own!).
52. Try a new beverage at the local coffee shop.
53. Choose a couple at a restaurant to watch and make up what they are saying to one another.
54. Create a new board game.
55. Plan your dream vacation.
56. Make up a new name for a pet or child.
57. Redecorate the outside of your fridge.
58. Dress up like a rockstar on a random Monday.
59. Design a hat out of newspaper.
60. Try origami.
61. Find a way to wrap a present using materials you already have (no wrapping paper).
62. Design a new stamp for the United States Postal Service.
63. Create a new currency.
64. Practice your cursive handwriting.
65. Create a jingle for your favorite brand of toothpaste.
66. Write a review for your favorite pair of underwear.
67. Change your phone and computer screensaver to something you actually like.
68. Write a joke.
69. Start an herb garden.
70. Create a beautiful calendar detailing moon cycles.
71. Blend essential oils into a new perfume.
72. Paint your bedroom furniture.
73. Imagine if you lived in your favorite fiction book. What character would you be?
74. Design an oracle card deck.
75. Buy a pair of fun socks.
76. Paint the rocks by your front door.
77. Try crochet or knitting.
78. Take a pottery class.
79. Edit a photo on your phone with a new filter.
80. Make your own jewelry.
81. Create a recipe book of your family's secret recipes.
82. Turn your old jeans into a quilt.
83. Write a new Instagram/Facebook/LinkedIn bio (have fun with it!).
84. Use a Selfie Stick to video your day or one of your outings.
85. Take yourself out to dinner and make up a fake name and story to tell the waiter.
86. Make a new toy for your pet.
87. Write a Ted Talk.
88. Start a blog.
89. Make a collage of your last year.
90. Keep a dream journal.